



Dance Batut - => 2 > 5 = 0 ? @ 0 2 ; 5 = 8 5

dancemaster, O B = 8 F 0 07 N ; L 2017 - 16:57:53

Dance Batut - => 2 > 5 = 0 ? @ 0 2 ; 5 = 8 5 2
= 0 H 5 9 H : > ; 5, B 0 = F 5 2 0 ; L = K 9
D 8 B = 5 A = 0 1 0 B C B 5 ! > 2 @ 5 < O
7 0 = O B 8 9 A 6 8 3 0 N B A O : 0 ; > @ 8 8,
A = 8 6 0 5 B A O 2 5 A, 0 = 0 A B @ > 5 = 8 5
2 7 ; 5 B 0 5 B 3 > @ 0 7 4 > 2 K H 5, G 5 < 2 K
< > 6 5 B 5 ? > 4 ? @ K 3 = C B L.
0 ? 8 A K 2 0 9 B 5 A L!

- @ 5 < O 8 < 5 A B > 7 0 = O B 8 9:

ShallWeDance 0 < 5 = A : > 5

! @ 8 B - 20:00. ! : 8 4 : 0 10% ? @ 8 ? > : C ? : 5 0 1 > = 5 < 5 = B 0 4 > 16 8 N ; O!
! B > 8 < > A B L: 8 C @ > : > 2 - 3600. 1 - K 9 ? @ > 1 = K 9 C @ > : - 5 A ? ; 0 B = > ? @ 8
? > : C ? : 5 0 1 > = 5 < 5 = B 0 ! ! ? 5 H 8 B 5 : > ; 8 G 5 A B 2 > < 5 A B = 0
1 0 B C B 0 E > 3 @ 0 = 8 G 5 = > !

- ? > A ; 5 4 = 5 5 2 @ 5 < O ? > O 2 ; O 5 B A O < = > 3 > = > 2 K E 2 8 4 > 2

D 8 B = 5 A 0, 8 > 4 = 8 < 8 7 A 0 < K E 8 = B 5 @ 5 A = K E A B 0 ; 4 6 0 < ? 8 = 3

D 8 B = 5 A 8 ; 8 B 0 = F K = 0 1 0 B C B 5. % C 4 5 B L, ? @ K 3 0 O - 2 5 A 5 ; > , 0 : > 3 4 0

B 0 : > 5 2 5 A 5 ; L 5 5 1 5 8 ? @ 8 = > A 8 B ? > ; L 7 C > @ 3 0 = 8 7 < C,

E > G 5 B A O ? > 1 K A B @ 5 5 5 3 > > ? @ > 1 > 2 0 B L. B 0 !, ? > ? @ K 3 0 ; 8 !

- @ > 3 @ 0 < < 0 ? > 4 E > 4 8 B 4 ; O ; N 1 K E 2 > 7 @ 0 A B > 2

, 3 ; 0 2 = > 5

? @ 0 2 8 ; L = > @ 0 A A G 8 B 0 B L = 0 3 @ C 7 : C. Dance Batut - M B > 2 5 A 5 ; K 5

? @ K 6 : 8 ? > 4 7 0 6 8 3 0 B 5 ; L = C N < C 7 K : C. A ; 8 2 K = 0 G = 5 B 5, B > C 6 5

? @ > A B > = 5 2 > 7 < > 6 = > > A B 0 = > 2 8 B L A O. M B > < B 0 = F K = 0

1 0 B C B 5 > G 5 = L ? > E > 6 8 = 0 7 C < 1 C (zumba fitness) 8 4 0 6 5 2

= 5 : > B > @ > < @ > 4 5 A > A B 0 2 ; O 5 B 5 < C 1 > ; L H C N : > = : C @ 5 = F 8 N.

> 2 @ 5 < O 7 0 = O B 8 9 A 6 8 3 0 N B A O : 0 ; > @ 8 8, A = 8 6 0 5 B A O 2 5 A, 0

= 0 A B @ > 5 = 8 5 2 7 ; 5 B 0 5 B 3 > @ 0 7 4 > 2 K H 5, G 5 < 2 K < > 6 5 B 5

? > 4 ? @ K 3 = C B L.

- # = 8 : 0 ; L = K 5 C ? @ 0 6 = 5 = 8 O, 4 @ 0 9 2 > 2 K 9 B 5 < ?,

< > B 8 2 0 F 8 > = = 0 O < C 7 K : 0 - = 5 2 5 @ > O B = > M D D 5 : B 8 2 = K : 0 : 4 ; O

D > @ < 8 @ > 2 0 = 8 O > B ; 8 G = > 3 > = 0 A B @ > 5 = 8 O, B 0 : 8 4 ; O A 6 8 3 0 = 8 O

; 8 H = 8 E : 0 ; > @ 8 9. ; 0 2 = K < ? @ 5 8 < C I 5 A B 2 > < O 2 ; O 5 B A O

1 5 7 > ? 0 A = > A B L, B : 1 0 B C B E > @ > H > 0 < > @ B 8 7 8 @ C 5 B, 8 8 < 5 = = >

M B 0 > A > 1 5 = = > A B L A = 8 < 0 5 B = 0 ? @ O 6 5 = 8 5 A A C A B 0 2 > 2 8

? > O A = 8 F K, : > B > @ K 5 G 0 1 5 2 A 5 3 > A B @ 0 4 0 N B 2 > 2 @ 5 < O 7 0 = O B 8 9



4 @ C 3 8 < 8 0 : B 8 2 = K < 8 2 8 4 0 < 8 D 8 B = 5 A 0.

- 5 0 ; L = > ; 8 ? > E C 4 5 B L , ? > A 5 I 0 O 4 6 0 < ? 8 = 3 - D 8 B = 5 A ?

B 7 K 2 K

> = 5 < E > 4 O B B > ; L : > ? > ; > 6 8 B 5 ; L = K 5 . ' B > 1 K

? > G C 2 A B 2 > 2 0 B L M D D 5 : B , = C 6 = > ? > A 5 I 0 B L B @ 5 = 8 @ > 2 : 8

4 2 0 - B @ 8 @ 0 7 0 2 = 5 4 5 ; N 8 1 5 7 ? @ > ? C A : > 2 !

- D D 5 : B > B 7 0 = O B 8 9 DANCE-BATUT:

1. ! 6 8 3 0 5 B 6 8 @ K , A ? > A > 1 A B 2 C 5 B ? > E C 4 5 = 8 N

2. # ; C G H 0 5 B @ 0 1 > B C A 5 @ 4 5 G = > - A > A C 4 8 A B > 9 , ; 8 < D 0 B 8 G 5 A : > 9 8
= 5 @ 2 = > 9 A 8 A B 5 <

3. # ; C G H 0 5 B B @ 0 = A ? > @ B : 8 A ; > @ > 4 0 2 B : 0 = 8

4. 5 3 C ; 8 @ C 5 B > 1 < 5 = 2 5 I 5 A B 2

5. # 2 5 ; 8 G 8 2 0 5 B 6 8 7 = 5 == C N 5 < : > A B L ; 5 3 : 8 E

6. # : @ 5 ? ; O 5 B 3 ; C 1 8 == K 5 < K H F K (2 B . G < K H F K B 0 7 > 2 > 3 > 4 = 0)

7. # ; C G H 0 5 B < K H 5 G = K 9 B > = C A , C : @ 5 ? ; O 5 B 2 A 5 < K H F K

8. > 2 K H 0 5 B 2 K = > A ; 8 2 > A B L

9. 5 ? 5 @ 5 3 @ C 6 0 5 B A C A B 0 2 K 8 A ? 8 = C

10. 0 7 2 8 2 0 5 B 4 2 8 3 0 B 5 ; L = C N 0 : B 8 2 = > A B L 8 : > > @ 4 8 = 0 F 8 N

11. ! ? > A > 1 A B 2 C 5 B C ; C G H 5 = 8 N = 0 A B @ > 5 = 8 O

12. # < 5 = L H 0 5 B 4 5 ? @ 5 A A 8 N