



Zumba Gold, Strong & Kids

dancemaster, ! @ 5 4 0 28 > O 1 @ L 2018 - 17:14:49

**1-5 4 5 : 0 1 @ O - ? @ > 1 = K 5 C @ > : 8 Zumba Gold,
Strong & Kids!** ! < > B @ 8 0 A ? 8 A 0 = 8 5 , 0 ? 8 A K 2 0 9 A O 8 ? @ 8 E > 4 8!
: > = 5 G = > 6 5 2 0 A 6 4 C B A ? 5 F 8 0 ; L = K 5 ! 4 > 30% = 0 2 A 5
0 1 > = 5 < 5 = B K!

! ! + % #
!

4/12 20:00 - Zumba + Zumba Gold (20-60 ; 5 B)

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3/12 20:00 - Zumba + Zumba Gold (20-60 ; 5 B)

5/12 20:00 - Zumba + Zumba Gold (20-60 ; 5 B)

. & +- #

1/12 11:00 - Zumba

2/12 17:00 - Zumba Kids

3/12 20:00 - Zumba

4/12 20:00 - Zumba Strong

5/12 20:00 - Zumba

!

3/12 20:00 - Zumba

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2/12 18:00 - Zumba Strong

2/12 16:00 - Zumba Kids

2/12 19:00 - Zumba

5/12 18:00 - Zumba Kids

5/12 20:00 - Zumba Strong

A ; > 2 8 O : F 8 8:

Ø=Ý9! 1 ? > 5 4 5 : 0 1 @ O ? @ > 9 4 C B 1 5 A ? ; 0 B = K 5 ? @ > 1 = K 5 C @ > : 8 2 >

2 A 5 E A B C 4 8 O E

Ø=Ý9 ; O ? > A 5 I 5 = 8 O C @ > : > 2 = 5 > 1 E > 4 8 < > 7 0 ? 8 A 0 B L A O = 0

<http://shallwedance.ru/page.php?96>

Ø=Ý9 @ > 1 = K 5 C @ > : 8 < > 6 5 B ? > A 5 B 8 B L: 1) B > B : B > 7 0 = 8 < 0 5 B A O,

= > E > G 5 B ? > ? @ > 1 > 2 0 B L G B > - B > = > 2 > 5; 2) : B > = 8 @ 0 7 C = 5



1 K; 2 = 0 H 8 E H : > ; 0 E; 3) : B > 1 K; , => A 0 < = 5 ? > < = 8 B : > 3 4 0!

Ø=Ý9 > 6 => ? > A 5 B 8 B L A : > ; L : > C 3 > 4 => C @ > : > 2, => > 4 => 8 B >

6 5 = 0 ? @ 0 2; 5 = 8 5, B > ; L : > > 4 8 = @ 0 7

Ø=Ý9 ; 8 5 = B K A 4 5 9 A B 2 C N I 8 < 0 1 > = 5 < 5 = B > < < > 3 C B

? @ > 1 > 2 0 B L 1 5 A ? ; 0 B = > = 0 ? @ 0 2; 5 = 8 0, = 0 : > B > @ K E 5 I Q = 5

1 K; 8

& ! : B @ 0 4 8 F 8 > == > 2 4 = 8 ? @ > 1 = K E C @ > : > 2 A : 8 4 : 0

10% 4; O => 2 K E : ; 8 5 = B > 2, ? ; N A ? > 5% 7 0 : 0 6 4 > 3 >

? @ 8 2 5 4 Q == > 3 > 4 @ C 3 0, > 1 1 0 O ! 4 > 30%!

4 5 < 0 A!