



6 0 < ? 8 = 3 \$ 8 B = 5 A

dancemaster, ! C 1 1 > B 0 22 : B O 1 @ L 2022 - 13:35:16

**6 0 < ? 8 = 3 \$ 8 B = 5 A**

> B : @ K 2 0 5 < => 2 > 5

= 0 ? @ 0 2 ; 5 = 8 5 2 0 < 5 = A : > < - D 8 B = 5 A = 0 < 8 = 8 - 1 0 B C B 0 E C

" 0 B L O = K DanceBatut [7 0 ? 8 A K 2 0 9 A O ! ,](#) 8 ; 8 8 9 2 5 4 6 2 1 8 7 7 8 ? @ K 3 0 9 A = 0 < 8 !

Ø=Ý9 ! !

"-19:00 | ! -18:00

& 0 ? ; 0 7 0 , 0 < 5 = A : > 5 , ! 5 2 5 @ => 5 H > A A 5 1 0 , 8 9 2 5 4 6 2 1 8 7 7

Ø=Ý9 @ 5 8 < C I 5 A B 2 0 4 6 0 < ? 8 = 3 0 ( D 8 B = 5 A 0 = 0 < 8 = 8 - 1 0 B C B 0 E ) :

1. ! ? > A > 1 A B 2 C 5 B ? > E C 4 5 = 8 N
2. 5 B C 4 0 @ => 9 = 0 3 @ C 7 : 8 = 0 ? > 7 2 > => G = 8 : 8 : > ; 5 = 8
3. # ; C G H 0 5 B @ 0 1 > B C A 5 @ 4 5 G => - A > A C 4 8 A B > 9 , ; 8 < D 0 B 8 G 5 A : > 9 8  
= 5 @ 2 => 9 A 8 A B 5 <
4. # ; C G H 0 5 B B @ 0 = A ? > @ B : 8 A ; > @ > 4 0 2 B : 0 = 8
5. 5 3 C ; 8 @ C 5 B > 1 < 5 = 2 5 I 5 A B 2
6. # 2 5 ; 8 G 8 2 0 5 B 6 8 7 = 5 == C N 5 < : > A B L ; 5 3 : 8 E
7. # : @ 5 ? ; O 5 B 3 ; C 1 8 == K 5 < K H F K ( 2 B . G < K H F K B 0 7 > 2 > 3 > 4 = 0 )
8. # ; C G H 0 5 B < K H 5 G = K 9 B > = C A , C : @ 5 ? ; O 5 B 2 A 5 < K H F K
9. > 2 K H 0 5 B A 8 ; K , A : > @ > A B L , 2 K => A ; 8 2 > A B L , 3 8 1 : > A B L
10. 0 7 2 8 2 0 5 B 4 2 8 3 0 B 5 ; L = C N 0 : B 8 2 => A B L 8 : > > @ 4 8 = 0 F 8 N
11. ! ? > A > 1 A B 2 C 5 B C ; C G H 5 = 8 N = 0 A B @ > 5 = 8 O
12. # < 5 = L H 0 5 B 4 5 ? @ 5 A A 8 N

Ø=Ý9 0 H ? @ 5 ? > 4 0 2 0 B 5 ; L - " 0 B L O = 0 - A 5 @ B 8 D 8 F 8 @ > 2 0 == K 9  
8 = A B @ C : B > @ ? > 4 6 0 < ? 8 = 3 D 8 B = 5 A C

Ø=Ý9 1 @ 0 7 > 2 0 = 8 5 : K A H 5 5 ? 5 4 0 3 > 3 8 G 5 A : > 5 .

- proJumping ( 0 ? @ 5 ; L 2 0 1 7 ) ;

- First jump - @ 5 ; 8 7 = 0 O ? @ > 3 @ 0 < < 0 ? > ? @ 8 = F 8 ? C " -



2 K A > : > 8 = B 5 = A 8 2 = 0 O 8 = B 5 @ 2 0 ; L = 0 O B @ 5 = 8 @ > 2 : 0 ( > : B O 1 @ L 2020);

- Jumping DANCE ( B 0 = F 5 2 0 ; L = K 9 4 6 0 < ? 8 = 3 ) - freestyle choreography ( 0 ? @ 5 ; L 2021);
- Jumping POWER ( A 8 ; > 2 > 9 4 6 0 < ? 8 = 3 ) - strength workout with trampoline ( 0 ? @ 5 ; L 2021);
- Jumping KIDS ( 4 5 B A : 8 9 4 6 0 < ? 8 = 3 ) - multipurpose playful workout for children ( 0 ? @ 5 ; L 2021)
- Jumping fitness JUDGE - A C 4 L O ? > A ? > @ B C 4 6 0 < ? 8 = 3 D 8 B = 5 A ( A 5 = B O 1 @ L 2021)
- Jumping Official ( ' 5 E 8 O ) - basic ( 4 5 : 0 1 @ L 2021)
- Jumping REHAB - ( O = 2 0 @ L 2022).
- 2 B > @ A : 8 9 < 0 A B 5 @ : ; 0 A A ; Q = K " : 0 G Q = > : @ sledi\_zamnoi ( 5 ; > @ C A A 8 O ) - ( 8 N = L 2022)

' ; 5 = \$ 5 4 5 @ 0 F 8 8 6 0 < ? 8 = 3 - \$ 8 B = 5 A 0 > A A 8 8 ( A < 0 O 2021)

Ø=Ý9 C @ A K 8 B @ 5 = 8 = 3 8:

- ! 0 < K 9 < 0 A A > 2 K 9 < 0 A B 5 @ - : ; 0 A A ? > JUMPING FITNESS 2 > A A 8 8 ( > : B O 1 @ L 2020);
- A 5 @ > A A 8 9 A : 8 5 A > @ 5 2 = > 2 0 = 8 O ? > 4 6 0 < ? 8 = 3 D 8 B = 5 A C ( < 0 9 2021)

Ø=Ý9 # G 0 A B 8 5 2 A C 4 5 9 A : > 9 : > ; ; 5 3 8 8 = 0 A ; 5 4 C N I 8 E

< 5 @ > ? @ 8 O B 8 O E:

- @ 18 B @ ? > ! ; > 6 = > A B 8 : C 1 > : > A : > 2 A : > 9 > 1 ; 0 A B 8 ? > 4 6 0 < ? 8 = 3 D 8 B = 5 A C ( 4 8 = F > 2 > : 10 > : B O 1 @ O 2021)
- @ 18 B @ ? > @ B 8 A B 8 7 < C : C 1 > : > A A 8 8 ? > 4 6 0 < ? 8 = 3 D 8 B = 5 A C ( > A : 2 0 : 30 0 ? @ 5 ; O 2022)
- @ 18 B @ ? > @ B 8 A B 8 7 < C : C 1 > : @ 0 A = > 4 0 @ A : > 3 > : @ 0 O ? > 4 6 0 < ? 8 = 3 D 8 B = 5 A C ( ! > G 8 : 6 0 2 3 C A B 0)

Ø=Ý9 & ! : ! 10% = 0 ? > : C ? : C ? 5 @ 2 > 3 >

0 1 > = 5 < 5 = B 0 ? > ? @ > < > : > 4 C ShallWeDance