



5 4 5 ; O " 0 = F 5 2 8 \$ 8 B = 5 A 0

dancemaster, > A : @ 5 A 5 = L 5 2 9 / = 2 0 @ L 2023 - 18:24:57

5 4 5 ; O B 0 = F 5 2 8 \$ 8 B = 5 A 0

> B : ; C 1 0

0 ? 8 B 0 = 8 A B C 4 8 8 ShallWeDance! 30.01-5.02 B 0 = F C 5 < 8 7 0 = 8 < 0 5 < A O
D 8 B = 5 A > < A > 2 5 @ H 5 == > ! " , ? @ > 1 C 5 < == > 2 K 5 D 8 B = 5 A,
A 8 ; > 2 K 5, D C = : F 8 > = 0 ; L = K 5 8 B 0 = F 5 2 0 ; L = K 5 = 0 ? @ 0 2 ; 5 = 8 O,
7 0 = 8 < 0 5 < A O 2 ? @ > A B > @ == > < B @ 5 = 0 6 5 @ == > < 7 0 ; 5 A 2 8 4 > < = 0
> A : 2 0 - @ 5 : C. ! " "

& p B 5 G 5 = 8 5 = 5 4 5 ; 8 2 K < > 6 5 B 5 ? > ? @ > 1 > 2 0 B L 2 A 5
= 0 ? @ 0 2 ; 5 = 8 O, == > > 4 == > 8 B > 6 5, B > ; L : > > 4 8 = @ 0 7 @ 8 O B = K 5
1 > = C A K 4 ; O 2 A 5 E ? @ 8 H 5 4 H 8 E - A : 8 4 : 8 4 > 30% = 0 2 A 5
0 1 > = 5 < 5 = B K A B C 4 8 8 ShallWeDance 8 : ; C 1 = K 5 : 0 @ B K D 8 B = 5 A 0
0 ? 8 B 0 =. 4 @ 5 A: C : > 2 A : 8 9, 5 G == > 9 ? @ > 5 7 4, 17

: F 8 8 8 ! : 8 4 : 8:
! 30.01 ? > 5.02 4 5 9 A B 2 C N B A ? 5 F 8 0 ; L = K 5 C A ; > 2 8 O = 0 ? > : C ? : C
: ; C 1 = K E : 0 @ B 8 0 1 > = 5 < 5 = B > 2:
; C 1 0 ? 8 B 0 =: A : 8 4 : 0 30% : ; C 1 = K 5 : 0 @ B K ? > ; 3 > 4 0 (16000) 8 3 > 4
(22000)
! B C 4 8 O ShallWeDance: A : 8 4 : 0 10% = 0 ? > : C ? : C ; N 1 > 3 > 0 1 > = 5 < 5 = B 0
A B C 4 8 8

'j p > 4 @ > 1 == > A B 8, @ 0 A ? 8 A 0 = 8 5 8 7 0 ? 8 A L = 0
<https://studio.shallwedance.ru/dancefitness>
'd p A 5 E > G 5 = L 6 4 Q <, 4 > 2 A B @ 5 G 8 = 0 C @ > : 0 E!



[система сайта e107]

<http://www.shallwedance.ru/news.php?item.582>

! B @ 0 = 8 F 0 2/2

4 5 < 0 A!